

Part of Armor	Theme	Body Part	Purpose	Supporting Scripture		
BELT	Truth	Waist	A belt and scabbard, especially when thought of in terms of a soldier's defense, brings to mind the image of something that encircles or encompasses someone in order to protect. The Truth allows us to follow God without deviating from the path.	John 18:37 - Pilate therefore said unto him, Art thou a king then? Jesus answered, Thou sayest that I am a king. To this end was I born, and for this cause came I into the world, that I should bear witness unto the truth. Every one that is of the truth heareth my voice.	John 8:32 - And ye shall know the truth and the truth shall set you free.	Jeremiah 13:11 - For as the cleaveth to the loins of a man: have I caused to cleave unto whole house of Israel and the house of Judah, saith the Lord: they might be unto me for a name, and for a praise, and for a glory: but they would not.
BREASTPLATE	Righteousness	Chest, Heart, Lungs	To be righteous means to obey God's commandments and live in a way that is honorable to Him. In becoming aware of the decisions we make, we can determine whether or not they are based in God's Word. In addition, we can ask Him to give us the strength to live righteously.	Psalms 106:3 - Blessed are they that keep judgment, and he that doeth righteousness at all times.	Romans 3:25 - Whom God hath set forth to be a propitiation through faith in his blood, to declare his righteousness for the remission of sins that are past, through the forbearance of God;	Hebrews 2:14 - Forasmuch as the children are partakers of flesh and blood, he also himself likewise took part of the same; that through death he might destroy him that had the power of death, that is, the devil.
BOOT	Gospel of Peace	Feet	The word "gospel" means "good news," referring to the sacrifice Jesus made for us so that we can be saved. As a result, this brings us peace. We are called to share the good news of Christ with others. Having our shoes fitted with the gospel of peace allows us to do this successfully.	John 14:27 - Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.	John 16:33 - These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world.	Romans 10:15 - And how shall they preach, except they be sent? written, How beautiful are the feet that preach the gospel of peace, and bring glad tidings of good things!
SHIELD	Faith	Hand, Body Covering	If we have faith in Christ, this will influence the way we live. Our faith can guard us during trials in the same way a shield would during battle. Taking up the shield of faith will protect us and allow us to fight back against doubt, fear, & anxiety. In addition, as the body of Christ, we can help each other to grow stronger in our faith by living in community.	Hebrews 11:1 - Now faith is the substance of things hoped for, the evidence of things not seen.	Isaiah 41:10 - Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.	Romans 1:20 - For the invisible things of him from the creation of the world are clearly seen, understood by the things that are made, even his eternal power and Godhead; so that they are without excuse:
HELMET	God's Saving Power	Head	The word "gospel" means "good news," referring to the sacrifice Jesus made for us so that we can be saved. As a result, this brings us peace. We can find peace when we acknowledge the sacrifice Christ made for us. While this world is corrupt and filled with sin, our salvation acts like a helmet in the way it protects our minds.	John 5:24 - Verily, verily, I say unto you, He that heareth my word, and believeth on him that sent me, hath everlasting life, and shall not come into condemnation; but is passed from death unto life.	Romans 12:2 - And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.	Isaiah 12:2 - Behold, God is salvation; I will trust, and I will not be afraid: for the Lord Jehovah is my strength and my song; he is my salvation.
SWORD	God's Message - "The Word of God"	Hand Weapon	Through God's Word, we can distinguish between right and wrong. As a result, we can strive to live in a way that is free from sin. His Word is the ultimate truth, and we can find confidence in knowing it is our greatest weapon.	Hebrews 4:12 - For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.	John 5:24 says, "Very truly I tell you, whoever hears my word and believes him who sent me has eternal life and will not be judged but has crossed over from death to life."	Matthew 4:6-7 - And saith unto him, If thou be the Son of God, thyself down: for it is written, that thou shalt give thy angels charge concerning thee: and in their hands they shall bear thee up, lest thou dash thy foot against a stone. Jesus said unto him, Written again, Thou shalt not tempt the Lord thy God.